



## Adult Day Program Essential Eligibility Guidelines

Participation in the Adult Day Program is based on essential eligibility criteria to ensure the safety, comfort, and success of all participants. Families should review these guidelines carefully before registration.

1. **Toileting Independence:** Participants must be able to use the restroom independently. This includes pulling down and returning pants, wiping, changing a pull-up or feminine hygiene products as needed, and returning clothing to the appropriate position. Staff can provide verbal cues.
2. **Mobility:** Participants must be able to walk, use a walker, or operate a wheelchair independently to move around program spaces.
3. **Feeding:** Participants must be able to feed themselves. Staff will assist with opening packages or wrappers. If a participant is prone to choking, inappropriate placement of food (such as putting food in the nose or ears), or requires a feeding tube, they must bring a parent, legal guardian, house staff member, or medical assistant to provide support during meal times.
4. **Communication and Compliance:** Participants must be able to follow verbal instructions from staff. This includes instructions delivered via a communication device, picture cards, or sign language as appropriate.

Individuals who do not meet these essential eligibility guidelines are still welcome to participate, but they must bring an aide to assist them during the program. There is no additional cost for the aide, except for any tickets or program-related expenses River Valley Special Rec would incur due to their presence.

If you have questions about your participant's eligibility or accommodations, please contact our office. Our staff are happy to help determine the best way for your participant to safely and successfully engage in the program.